

BOB HARTLEY'S CAMP MOUNTAIN HEART

Welcome to the 24th Annual Bob Hartley's Camp Mountain Heart! Camp will take place from July 14 to July 20, 2019 this year at Cedar Lakes Conference Center in Ripley, West Virginia.

This year's theme is **Going on Safari!** so be prepared for a week full of adventure and activities related to animals and African nature. Our field trip is to The Wilds in Ohio where we'll take an open bus tour through the fields of an African Safari! We'll witness free roaming animals such as giraffe, antelope, rhinos, zebras and more in their natural environment. Bring your raingear or a poncho because this activity will occur rain or shine!

On Friday night, we will hold our traditional sit down dinner and awards banquet followed by an end of camp party. It is not required, but many campers chose to dress up in their Sunday best clothes for the banquet!

Our camp counselors are looking forward to seeing you at camp this year! Feel free to contact us if you have any questions before arrive.

It is sure to be a wild time!

BOB HARTLEY'S CAMP MOUNTAIN HEART

REGISTRATION FORM

PERSONAL CONTACT INFORMATION

CAMPER'S NAME: _____

ADDRESS: _____

COUNTY: _____

PHONE: _____

DATE OF BIRTH: _____ AGE: _____ SEX: _____

PARENT/GUARDIAN CONTACT INFORMATION

NAME: _____ RELATIONSHIP: _____

PHONE: _____

NAME: _____ RELATIONSHIP: _____

PHONE: _____

HEALTH INSURANCE INFORMATION

Company: _____ Policy #: _____

Effective Date: _____ Insured: _____

ADDITIONAL EMERGENCY CONTACT INFORMATION

NAME: _____ RELATIONSHIP: _____

PHONE: _____

NAME: _____ RELATIONSHIP: _____

PHONE: _____

BOB HARTLEY'S CAMP MOUNTAIN HEART

EMERGENCY RELEASE FORM

In the event I cannot be reached in an emergency, I, _____,

give my permission to a physician selected by the Camp Director of Camp Mountain

Heart to hospitalize, secure proper treatment, order injection, anesthesia or surgery

for my child, _____ (child's name).

(Parent/Guardian Signature)

(Date)

BOB HARTLEY'S CAMP MOUNTAIN HEART

CAMPER SPENDING ACCOUNT

Although the camp is completely free for your child, we participate in several activities throughout the week in which your child may like to have some extra spending money for souvenirs, games, refreshments or incidental purchases. We prefer for your child not to carry their own money so it is not lost. For that reason, we ask for a deposit to your child's spending account that we will keep safe and distribute to your camper at their request. You may deposit any amount that you wish for your child, however, \$20 is the customary amount.

Please choose your choice:

I have enclosed a check in the amount of \$_____ for my camper _____.

I will be bringing cash to camp registration for my camper _____.

If there is any money left in your child's account at the end of camp, would you be willing to donate the balance to Camp Mountain Heart?

Yes, please consider this a donation.

No, please return the balance to me at the end of camp.

BOB HARTLEY'S CAMP MOUNTAIN HEART

CAMPER CONTRACT

Attending camp is a privilege provided by financial donors and volunteers that work very hard to make it happen. In order to provide a fun and safe week for everyone, it is important that all campers understand they are expected to follow certain rules and guidelines for behavior. If these rules are not followed, campers will be asked to leave camp early and their parents will be required to collect them at that time. Furthermore, the individual may not be invited to return to camp in the future. By providing you with the camp's expectations in advance, we hope to avoid any potential problems.

- Campers are expected to be polite to and respectful of one another and anyone involved with the camp.
- Campers are required to remain in designated areas during all activities unless accompanied or granted permission by a counselor.
- The grounds, including the cabins, should be cared for and not damaged.
- Profanity or offensive language or conversation will not be tolerated.
- Fighting, bullying or inappropriate touching will not be tolerated.
- Smoking, drinking, stealing, possession of illegal items or any disruptive behaviors will warrant immediate expulsion from the camp.

THERE ARE NO CELL PHONES ALLOWED AT CAMP!

We have phones available and will assist your child in calling home. This allows us as counselors to give you feedback about your child, as well as, get information from you if your child is 'homesick'.

I _____(camper) understand these expectations and that if I do not follow the guidelines, I will be asked to leave camp.

(Camper signature)

I _____(parent / guardian) understand the expectations and that I will be asked to pick my child up should they not be followed.

(Signature of parent/guardian)

BOB HARTLEY'S CAMP MOUNTAIN HEART

CAMP HEALTH FORM (Page 1)

(TO BE COMPLETED BY PHYSICIAN)

CAMPER'S NAME: _____

TYPE OF HEART DEFECT or CARDIAC PROBLEM:

NAME AND DATE OF SURGICAL CORRECTION(S):

OTHER DISEASES/DETAILS:

PACEMAKER INFORMATION:

DEVICE TYPE: _____

MANUFACTURER: _____

SETTINGS: mode _____

rates _____

therapies _____

BOB HARTLEY'S CAMP MOUNTAIN HEART

CAMP HEALTH FORM (Page 2)

CAMPER'S NAME: _____

ALLERGIES: _____

ACTIVITY RESTRICTIONS: _____

DIET RESTRICTIONS: _____

IMMUNIZATIONS UP TO DATE: YES ____ NO ____

COMPLETING PHYSICIAN SIGNATURE: _____

DATE: _____

PEDIATRIC CARDIOLOGIST: _____

PEDIATRIC CARDIOLOGIST ADDRESS: _____

PEDIATRIC CARDIOLOGIST PHONE NUMBER: _____

BOB HARTLEY'S CAMP MOUNTAIN HEART

CAMP HEALTH FORM (Page 3)

CAMPER'S NAME: _____

MEDICATIONS

(May be completed by parent)

MEDICATION	DOSE	FREQUENCY	HOME SCHEDULE

(Please attach another sheet if necessary for continuation of medications documentation)

If at all possible, please bring your child's medications to camp divided by day and time. For example, if your child takes a vitamin at breakfast every day, place a vitamin in a small envelope or plastic bag marked Monday breakfast, Tuesday breakfast, etc. with their name on the bag as well. If they take more than one medication at a given time, you can put all the medications for that time in the same envelope or bag. You can also use a weekly pill box. Some of you already do this and it is very helpful—thanks!! This will greatly decrease the time required to get medications ready and allow us to spend more time with the kids doing fun things.

If you are able to do this, please include the child's name on the medications. We will still need a list of medications when you arrive and any intermittent doses needed.

Camp Mountain Heart ___ has / ___ does not have my permission to treat my child with over the counter medications such as Tylenol, Advil or antacids if needed as determined by camp medical staff.

(Signature of Parent/Guardian)

BOB HARTLEY'S CAMP MOUNTAIN HEART
PHOTOGRAPH PERMISSION FORM

I DO give my permission for **Bob Hartley's Camp Mountain Heart** to photograph/film

_____, during Camp. These photos/films will be
(Camper's Name)

utilized for purposes of expanding awareness of **Bob Hartley's Camp Mountain Heart**, through advertisement, brochures, news broadcasts, website, etc.

(Signature of Parent/Guardian and Date)

I DO NOT give my permission for **Bob Hartley's Camp Mountain Heart** to

photograph/film _____, during Camp.
(Camper's Name)

(Signature of Parent/Guardian and Date)

BOB HARTLEY'S CAMP MOUNTAIN HEART
TRAVEL PERMISSION FORM

I give my permission for my child, _____, to travel
(Camper's Name)
via chartered bus, on a field trip. This trip is in conjunction with **Bob Hartley's Camp**
Mountain Heart.

(Signature of Parent/Guardian and Date)

I DO NOT give my permission for my child, _____,
(Child's Name)
to travel via chartered bus, on a field trip. This trip is in conjunction with **Bob Hartley's**
Camp Mountain Heart.

(Signature of Parent/ Guardian and Date)

BOB HARTLEY'S CAMP MOUNTAIN HEART

Class Choice/Shirt Size Form

Name: _____ Age: _____

In addition to participating in group activities for the entire camp, each camper has the choice of **3 activities (classes)** directed toward their personal interests. Classes are held daily throughout the week of camp and culminate in presentations on the Friday of camp.

Class sizes are limited and not all classes are offered during all class periods. Select **3 classes in order of preference (1, 2, & 3) and include 2 alternate choices (A & B)**. Every attempt will be made to give the camper their first choices!

Activities:

Archery _____	Exploring with Dr. Phillips _____
Arts and Crafts _____	Fishing _____
Cooking _____	Photography _____
Drama _____	Wild and Wonderful _____
Sports _____	Wood burning/String art _____

Every Camper gets a CMH commemorative T-shirt!

Please indicate your camper's T-shirt size:

<input type="checkbox"/>	YS – youth small	<input type="checkbox"/>	AS – adult small
<input type="checkbox"/>	YM – youth medium	<input type="checkbox"/>	AM – adult medium
<input type="checkbox"/>	YL – youth large	<input type="checkbox"/>	AL – adult large
<input type="checkbox"/>		<input type="checkbox"/>	XL – adult extra large
<input type="checkbox"/>		<input type="checkbox"/>	XXL – adult extra extra large

Please complete and return ASAP!

- By fax to 304-293-1409
- By email to tracy.campmountainheart@gmail.com
- By mail to PO Box 4629, Star City, WV 26504

BOB HARTLEY'S CAMP MOUNTAIN HEART
FREQUENTLY ASKED QUESTIONS

What should I bring to camp?

- Several changes of clothes
- Bathing suits/swim trunks
- Linens-sheets/blankets or a sleeping bag and pillow case (Cedar Lakes provides pillows and wool blankets)
- Extra shoes (in case a pair gets wet)
- Toiletries
- Towels (3 for bathing and 2 beach towels for swimming)
- Sunblock/screen (we have plenty for all campers in case you forget!)
- Money (you may want to provide your child with a small amount of money for souvenirs or snacks at the pool). Each camper will have a spending account utilized by the staff for money management (see registration packet under Camper Spending Account for more information).
- Medications (upon registration, one of the camp nurses will take your meds and verify your dosage and schedule. The camp nurses will administer your medication throughout the week)
- Raingear/Poncho (our Field Trip will happen rain or shine)

What should I leave at home?

- My cell phone. Cell phones are not allowed at camp. We will provide your child with a phone to call home or for parents to call and interrupt their child's fun.
- Please do not bring valuables!!!!

What will I be provided?

- Camp provides 3 meals per day plus an evening snack
- Your camper will receive a Camp Mountain Heart T-shirt compliments of the camp

When is camp this year?

- **Sunday, July 14th, 2019** camp begins!!! Please **arrive** at Cedar Lakes at **2pm** on Sunday.
- **Saturday, July 20th, 2019** camp ends. Please arrive by **9am** to pick up your child!!

Where is Camp Mountain Heart held?

- Camp is held at the beautiful Cedar Lakes Conference Center in Ripley, West Virginia



- Visit their website for more information and directions
<http://wvde.state.wv.us/cedarlakes/>

I need directions to Cedar Lakes.

- Cedar Lakes is conveniently located off I-77 at the Ripley/Fairplain Exit #132. Just 38 miles north of the state capitol, Charleston, and south of Parkersburg.
- **FROM THE NORTH:**
 - Take Exit 132 off I-77S
 - At bottom of exit ramp, turn left on Route 21 North
 - Go underneath the Intersection
 - Make first right onto Cedar Lakes Drive (Burger King)

- Cedar Lakes Conference Center is 3.5 miles on the right
- FROM THE SOUTH:
 - Take Exit 132 off I-77N
 - At bottom of exit ramp, make a right on Route 21 North
 - Make first right onto Cedar Lakes Drive (Burger King)
 - Cedar Lakes Conference Center is 3.5 miles on the right
- FOR GPS COORDINATES:
 - The following coordinates should bring you to the entrance gate: 38.793396,-
81.688145
 - Input 1372 Cedar Lakes Drive, Ripley, WV into your GPS