



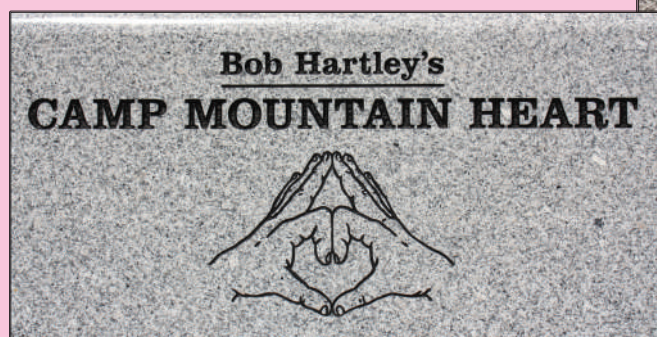
# BOB HARTLEY'S CAMP MOUNTAIN HEART 2015



# WHAT IS CAMP MOUNTAIN HEART?

Bob Hartley's Camp Mountain Heart is a week long summer camp for children ages 8-17 with congenital heart disease, cardiomyopathy or arrhythmias. It provides an environment in which campers experience new activities, make new friends and create lasting memories. This camp is held annually during the third week in July at Cedar Lakes Conference Center in Ripley, WV.

This camp is offered free to all campers. It is run entirely by a volunteer staff whose mission is to provide the best summer camp experience for each camper. The camp started with only 12 campers and has grown to a camp of as many as 75! At Camp Mountain Heart, our "family" never stops growing.



# Daily Schedule

Campers at Camp Mountain Heart enjoy a fun filled day each and every day. Campers gather together to meet for breakfast, announcements and daily chores. Campers then disperse to classes of their choice. Morning classes are followed by an activity for younger campers and a class led by Dr. Larry Rhodes, for the older campers. This discussion-based class is designed to educate young adults on the transition into adulthood with congenital heart disease. The morning session is followed by lunch where the whole camp comes back together to share a delicious meal. Lunch is followed by another class and then a period of “free time” where campers may choose to swim, spend outdoor time in the common area in front of the cabins, work on projects in the craft house or relax in their rooms. Dinner is next, followed by an evening activity which varies each night. The day comes to a close with campfire, snack and finally, lights out!



## Evening Activities

*Evening Activities have included:*

- Camp Fire
- Pool Party
- Scavenger Hunt
- Karaoke
- Inflatable Games
- Game Show Night
- Friday Night Celebration





# CLASSES

*Camp Mountain Heart offers a variety of classes to campers each year. Classes have included:*



**Rocket Building:** Campers assemble, decorate and launch their very own rockets!

**Fishing:** An outdoor option in which students learn techniques for catching fish. Campers actively fish in the pond located on Cedar Lake property. This class is a favorite of both new and experienced campers.



**Puzzles and Games:** Kick back and relax in this leisurely class of puzzles of various difficulty and board games. Time will be spent playing old favorites as well as learning a few new ones. Leave your competitive side at the door, this is all fun and games.







**Drama:** A class in which campers get to explore all aspects of putting on a play, including improv. The class performs for the entire camp at the end of the week. Lights, costumes, action!



**Cooking:** Campers explore their culinary skills with new, creative recipes every day. Meals, snacks, and desserts galore - this class prepares delicious cuisine to share with fellow campers!



**Crafts:** This is an indoor class where campers work on a variety of different creative activities. Crafts are designed for varying skill and age levels. Previous crafts have included ceramics, paper mache, pre-assembled kits and beading.



**Archery:** A class aimed at teaching campers the basics of safely shooting a bow. This class is appropriate for all campers, from novice to professional.





# LARGE GROUP ACTIVITIES

## Games



## Game Show



Every camper's favorite activity?

# MAKING NEW FRIENDS





# FIELD TRIP



This year, we traveled to Huntington to the Heritage Farms Museum and Village. We learned about the past through many well-designed exhibits. We even got to feed the farm animals after a short miniature train ride through the village.







Then we went to Beech Fork State Park for a picnic lunch and enjoyed the down time with outdoor games and cards. We rounded out the trip with a bowling alley rented out just for us. Everyone had a great time bowling the night away!





# Mountain Heart Foundation Officers 2015

Robert L. Hartley - President Emeritus

Larry A. Rhodes - President

Russell Kincaid - Vice President

Shannon Rudy - Secretary

John Phillips - Treasurer

Tracy Coup - Co-Director

Amanda Rhodes - Co-Director

## Mountain Heart Board of Directors

Jerry V. Buckland

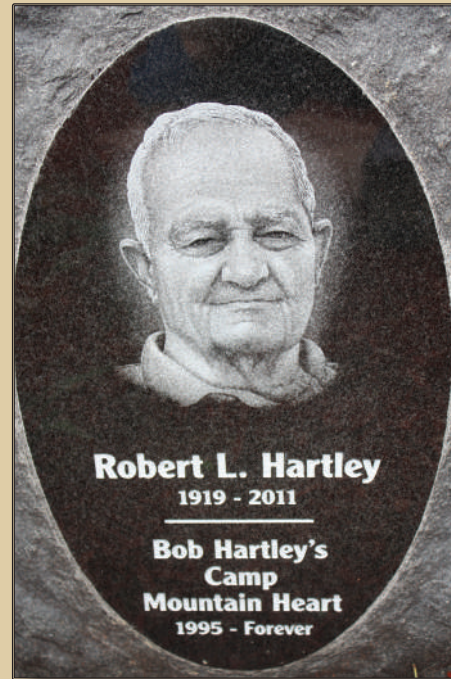
Robert Gustafson

Matt Herridge

Elizabeth Hupp

Kathy Springer

Marsha Thompson



*The Mountain Heart Foundation Officers and Board of Directors also thank all of the dedicated volunteers! Your hard work and enthusiasm makes Camp Mountain Heart possible!*

**For more information on Congenital Heart Disease, visit:**

**[www.wvchd.com](http://www.wvchd.com)  
[www.achaheart.org](http://www.achaheart.org)**

**Mountain Heart Foundation is a non-profit organization  
Tax ID No 55-07747996**



Mountain Heart Foundation is so proud to be able to offer Camp Mountain Heart free of charge each and every year and we can only do this through the generosity of our many financial donors. From all the campers and staff at Camp Mountain Heart, we simply cannot thank you enough for what you do to help keep our camp heart strong! For information on how to become a donor, call Larry Rhodes 304-864-6755 or email [campmtheart@gmail.com](mailto:campmtheart@gmail.com)

## 2015 Donors

# THANK YOU!

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# Bob Hartley's Camp Mountain Heart



## Until Next Year!

To receive a registration packet, give a donation or to become a volunteer,

**Call:** 304-864-6755

**Write:** P.O. Box 4629

Star City, WV 26504

or

**Email:** [campmtheart@gmail.com](mailto:campmtheart@gmail.com)